

Fall-related injuries in children*

Falling is a normal part of development as children walk, climb, run, jump, play and explore their environment. But some falls can cause serious injuries, even death.

In children, falls are the **No.1 cause**

of injury hospitalizations, ED visits and disabilities.

Children's falls injuries cost the economy

\$996 million a year

including

\$665 million

direct cost to the health-care system.

The human cost of childhood falls

In a single year, falls among children result in:



5,861 hospitalizations



297,889 emergency department visits



1,636 disabilities

Top causes of serious injuries[‡] from falls

Age 0-4



Furniture



Playground equipment



Stairs

5-9



Playground equipment



Slips, trips, stumbles



Skates, skis, boards

10-14



Skates, skis, boards



Slips, trips, stumbles



Playground equipment

[‡] hospitalizations

Falls are preventable. Learn more:
parachute.ca/childfalls

In collaboration with



Public Health
Agency of Canada

Agence de la santé
publique du Canada

All data are for the year 2018.

Data source: Parachute. (2021). Potential lost, potential for change: The Cost of Injury in Canada 2021. parachute.ca/costofinjury

* Children aged 14 and under